



Navalog

December 14, 2017 Edition

Wreaths Across America

SPECIAL POINTS OF INTEREST

NSCS GRADUATION

ENVIRONMENTAL POLICY

PEARL HARBOR REMEMBERED

NWC MUSEUM HAS NEW EXHIBIT



Inside this issue:

<i>Around the Station</i>	2-6
<i>Meat & Potatoes of Life</i>	7
<i>As the Museum</i>	8
<i>Fleet & Family Support</i>	9
<i>Morale, Welfare & Rec.</i>	10
<i>At the Clinic</i>	11
<i>Now Hear This</i>	12
<i>Traffic & Commuting</i>	13
<i>Around the Island</i>	14
<i>Hot Jobs</i>	15
<i>Around the Fleet</i>	16-18
<i>Veteran News</i>	19

Sharon Toner (left), mother of LTjg Francis L. Toner IV, USN and Sharon Serio Valente, mother of LCpl Matthew Serio, USMC lay a wreath with state representative Samuel A. Azzinaro, Chairman of the R.I. House Committee on Veterans Affairs following a ceremony held inside the R.I. Statehouse Monday marking the annual Wreaths Across America campaign. Wreaths Across America Day is observed annually on the third Saturday in December and is a movement to cover all Veterans grave markers with a Christmas wreath. Remember. Honor. Teach. This is the mission of Wreaths Across America. By coordinating wreath-laying ceremonies at Arlington National Cemetery and other veterans cemeteries around the country, Wreaths Across America strives to remember our fallen heroes, honor those who serve and teach our children about the sacrifices made by veterans and their families to preserve our freedoms. *Wreaths Across America will hold their state recognition event on Saturday, Dec 16 at noon inside a tent at the R.I. Veterans Cemetery (301 South County Trail, Exeter). The event is open to anyone interested in attending and volunteers will be welcomed to lay the 1,200 wreaths that will be placed on some of the graves following the ceremony.* (Photo courtesy of NAVSTA PAO)



DEPARTMENT OF THE NAVY

NAVAL STATION NEWPORT
690 PEARY STREET
NEWPORT, RHODE ISLAND 02841-1522

NAVAL STATION NEWPORT ENVIRONMENTAL POLICY STATEMENT 11 SEPTEMBER 2017

Naval Station Newport is committed to protecting the environment. Environmental stewardship is essential to the safe, healthful and compliant execution of our mission and the preservation and protection of our land, air and water.

This policy statement is issued to reflect our commitment to environmental excellence, environmental compliance, pollution prevention and continual improvement of the environmental programs of the station to ensure we remain prudent stewards of the environment. All military, civilian and contract personnel must perform their duties in a manner that prevents pollution, protects the environment, and conserves natural resources.

NAVSTA Newport, through its Environmental Protection Department, shall make use of the following guiding principles to accomplish its mission:

- Promote environmental awareness and proper training at all level in the command.
- Improve neighborhood communication through management systems, procedures and the establishment of objectives and targets to meet environmental goals for improvement.
- Ensure environmental factors and pollution prevention are fully considered at the outset and in all stages of planning and execution.
- Continuously monitor compliance with Federal, State and local environmental laws, statutes, regulations as well as DoD and Navy policies.
- Become a Navy pacesetter in development of renewable energy sources.

//ORIGINAL SIGNED//

This policy statement was signed by Capt. I.L. Johnson, Commanding Officer, Naval Station Newport and distributed throughout the installation. The installation was recently recognized by the Secretary of the Navy as a Gold level performer in water and energy conservation and management. Currently, NS Newport is overseeing the environmental restoration of Superfund Clean-up sites all around the island stemming from poor prior practices and a lack of focus on the environmental implications of our actions. Times have changed. Currently NS Newport is working alongside the Navy's Renewable Energy Program Office on a solar project that we hope to announce shortly. In the meantime, please keep this policy statement in mind and continue to support our efforts at being good stewards of our environment.



NAVSTA Newport Public Affairs Office

Office# 841-3538

E-Mail:

NWPT_ContactUS@navy.mil

Capt. Ian L. Johnson, Commanding Officer

Lisa Rama, Public Affairs Officer

MC2 Jess Lewis, NWC Public Affairs

Follow us on twitter @NAVSTANEWPORTRI

Base Condition Line: 841-2211



We are always looking for content to share with our community and welcome emailed .jpg images; png formats and word documents—please do not send PDF formatted content.

Operational and Exercise Impacts are often communicated to the public first using the installation Facebook Page—'like' us at: www.facebook.com/NAVSTANewport to stay informed!



Holiday cheer was spread far and wide during last Sunday's Navy Band Northeast ceremonial band concert inside Spruance Auditorium. The event featured holiday music from around the globe as well as some well-known holiday favorites. Over 500 guests attended the festive event that culminated with a visit from Santa Claus (who hung around afterwards to give candy canes to all the good boys and girls). Navy Band Northeast held dozens of other school concerts and holiday concerts around New England over the previous weeks. **Ho, Ho, Ho**

RIServes Launched!

R.I. Governor Gina Raimondo was just one of the speakers at yesterday's statehouse event marking the official launch of RIServes, a statewide initiative aimed at streamlining veteran's access to services. NS Newport is part of this network and Capt. Ian Johnson, Commanding Officer, attended as well. Kasim Yarn, Director of R.I. Office of Veterans affairs hosted the event and leads the office that will be responsible for overseeing the management of the site. There are currently over 35 agencies and providers in the RIServes network which will make it easier for active duty service members, veterans and their family members to find the services they need in Rhode Island. "We must do everything we can to serve those who served us," Raimondo said during the ceremony.



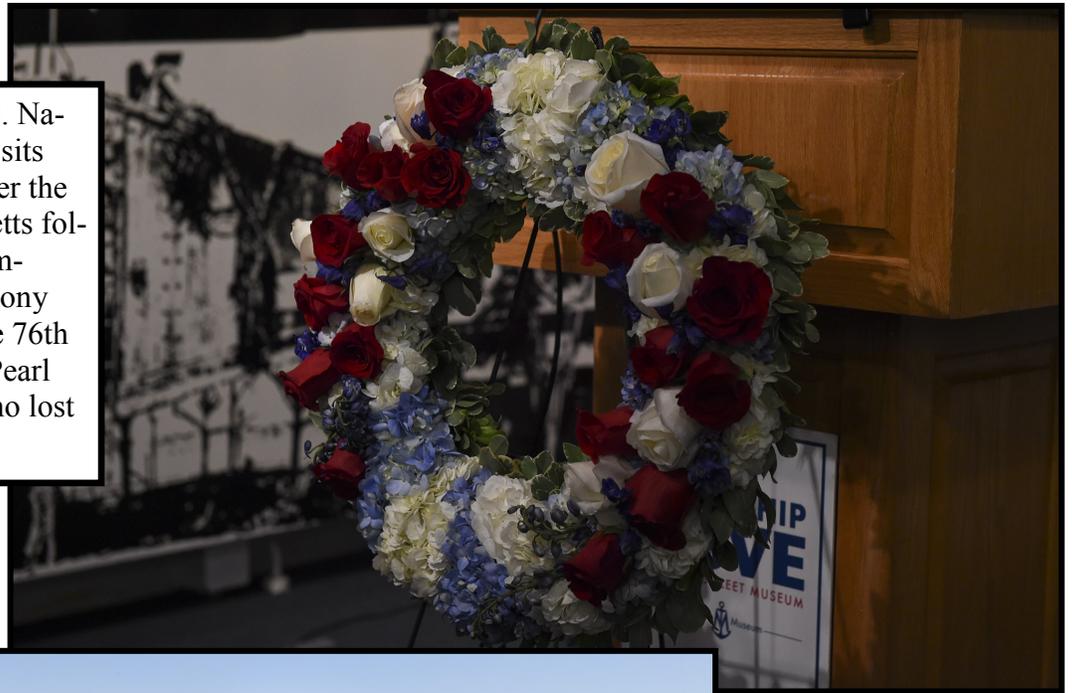
RIServes is a dynamic tool that will continue to grow and evolve to meet the needs of veterans and their families. If you know an agency who is assisting veterans, mention this new tool and encourage them to go to www.riserves.org to find out how they can join (no cost to the provider). If you are in need of assistance and have not yet touched base with a veterans support agency, then you can self register at the site, call the R.I. Office of Veterans Affairs at (401) 921-2119 or stop by during business hours: 560 Jefferson Blvd., Suite 206, Warwick, RI.



Master Chief Petty Officer Craig Cole, command master chief, U.S. Naval War College, provides remarks during a Pearl Harbor Remembrance Ceremony held aboard the battleship Massachusetts in Fall River, Massachusetts. During his speech, Cole said, “It’s a profound privilege to honor the individuals here today who served in our nation’s wars and conflicts, specifically World War II. We rightly honor every one of our veterans, but there will always be a special place in our hearts for those who began the fight in Pearl Harbor who ultimately led us to World War II victory.”



A wreath, donated by the U.S. Naval War College Foundation, sits while waiting to be tossed over the side of battleship Massachusetts following a Pearl Harbor Remembrance Ceremony. The ceremony was in commemoration of the 76th anniversary of the attack on Pearl Harbor and to honor those who lost their lives that day.



Master Chief Petty Officer Craig Cole (right), command master chief, U.S. Naval War College (NWC) and MacKenzie Cole, Cole’s 13-year old daughter, prepare to toss a wreath donated by the NWC Foundation over the side of the battleship Massachusetts following a Pearl Harbor Remembrance Ceremony. (All photos of this event are by MC2 Jess Lewis, USNWC Public Affairs)



With U.S. Naval War College's Senior Enlisted Academy's (SEA) Tomich Hall as a backdrop, Senior Chief Quartermaster Henry Nichol, a SEA faculty advisor, is interviewed by a film crew from Croatian Radio Television about the significance of Chief Watertender Peter Tomich on SEA. The film crew is producing an hour-long documentary about Tomich and his heroic efforts aboard USS Utah on Dec. 7, 1941 when he sacrificed his own life so others may live. Tomich was a U.S. Navy sailor of Bosnian Croat descent who was recognized with the Medal of Honor for his actions. Tomich served in the US Army during WWI and enlisted in the Navy in 1919. By 1941, he had become a chief watertender on board the training and target ship USS Utah. On December 7th, 1941, while the ship lay in Pearl Harbor, moored off of Ford Island, she was torpedoed during the Japan's raid on Pearl Harbor. Tomich was on duty in a boiler room. As Utah began to capsize, he remained below, securing the boilers and making certain that other men escaped and so lost his life. His Medal of Honor was on display at SEA's Tomich Hall until 2006 when the decoration was presented to Tomich's family on the USS Enterprise aircraft carrier in the southern Adriatic city of Split, Croatia. The SEA facility is named in Tomich's honor. (U.S. Navy photo by Yeoman 2nd Class Dena LePlante/released, Tomich photo courtesy of Naval Historical Center online Library)



Capt. Michael Coughlin, commanding officer of NUWC Division Newport, gets a serving of pancakes from Paul Bancroft of the Undersea Warfare Weapons, Vehicles, and Defensive Systems Department during the department's annual pancake breakfast. In past years, the breakfast was a major fundraiser for the Combined Federal Campaign often generating more than \$2,000 in donations. Due to new CFC regulations, fundraisers are no longer permitted. The department went ahead and held its annual breakfast anyway offering free pancakes and waffles while publicizing the CFC and providing information on how to donate through the new central CFC website or through paper pledge forms. (U.S. Navy photo by Richard Allen, ICI Services)





Navy Supply Corps School certifies 30 students “Ready for Sea!”

By Ryan Matlock, SC, USN
Navy Supply Corps School

On December 8th, Navy Supply Corps School (NSCS) Commanding Officer, Captain Doug Noble certified 30 students of the Basic Qualification Course (BQC) 4th Battalion “Echo” Company “Ready for Sea” at a graduation ceremony held at the NSCS Wheeler Center.

Rear Adm. John Polowczyk is a native of Manhasset, Long Island, New York, and United States Naval Academy graduate was the guest speaker at the event. Rear Adm. Polowczyk is currently serving as the Vice Director for Logistics, Logistics Directorate (J4), Joint Staff. The J4 is responsible for integrating logistics planning and execution in support of joint operations to drive joint force readiness, maximize the Joint Force Commander's freedom of action and advise the chairman of the Joint Chiefs of Staff on logistics matters. Polowczyk is a qualified submarine supply officer, Surface Warfare Supply Corps officer and member of the Defense Acquisition Professional Community. His personal awards include the Defense Superior Service Medal, Legion of Merit (three awards), Meritorious Service Medal (four awards), Navy and Marine Corps Commendation Medal (four awards) and Navy and Marine Corps Achievement Medal (four awards).

The BQC is an in-depth 22-week curriculum encompassing the major areas of an afloat supply department to include food service, supply management, retail operations, disbursing management, Navy Cash, personnel administration and leadership. The BQC prepares Supply Officers for their first operational tour by providing students with the personal and professional foundations for success.

This diverse group of students includes prior enlisted Sailors with backgrounds in Surface, Submarine and



Rear Adm. Polowczyk, left, and Capt. Doug Noble, Commanding Officer of Navy Supply Corps School, present Eng. Kameek Gordon with a personalized oar recognizing her as BQC 4th Battalion Honor Graduate. (photos courtesy of NSCS Public Affairs)

Aviation communities – collectively they bring years of experience back to the Fleet. As a result of the training received through the BQC, 4th Battalion graduates will bring their future commanding officers increased flexibility; continuing the Supply Corps officer legacy of being naval officers first, and accountable officers always.

The top graduates in each curriculum were recognized by leadership with professionalism awards. Ensign Kameek Gordon was the BQC 4th Battalion Honor Graduate who was also recognized with the Leadership & Management Excellence Award; Food Service Excellence Award; Navy Exchange Service Command Ship's Store Award and Defense Finance and Accounting Service Excellence Award. Ens. Jesse Doiron was presented with the Food Service Excellence Award.

Ens. Christina Blackburn earned the Supply Management Excellence Award. Ens. Blake Giragos, was recognized with the Newport County Council of the Navy League Volunteerism Award. Ens. Matthew Canon was presented the Military Officers of America Association Professionalism Award. Ens. Mariel Gattonton earned the Navy Supply Corps Foundation Leadership Award and SHCS Ledezman Johnson was this classes Instructor of the Battalion.



Rear Adm. John Polowczyk, BQC 4th Battalion's graduation guest speaker addressed the graduates prior to their graduation and heading off to the fleet. BZ BQC 4th BN!



Lisa Smith
Molinari

Hope, Cheer and Ruthless Criminal Behavior

During this season of giving, people everywhere are transformed. Generosity and compassion well up in us all. However, in the midst of all this merriment, otherwise charitable people can become so caught up in materialistic desires that they have thoughts of theft, revenge, and even murder.

What, pray tell, could arouse criminal tendencies during the holidays? The answer is simple: group gift exchanges.

Known as “Yankee Swaps,” “White Elephant exchanges,” or “Dirty Santas,” this apparently innocent holiday game rouses merciless thievery and selfish materialism in even the most virtuous of participants.

Case in point: my last military wives’ bunco group held an ornament exchange every December. The members carefully shopped beforehand, picking out items that were unique, handmade or artistic to contribute to the pool of gifts.

One year, the class clown in me couldn’t resist when I saw glass blown German ornaments delicately shaped into acorns and walnuts. I bought one of each, envisioning the hysterical laughter that would erupt when, as the recipient opened my package, I would blurt out a joke of questionable taste involving the word “nuts.”

We arrived at the hostess’ home at the designated hour and placed our tiny packages under her sparkling tree. Wine glasses filled, chitchat ensued, and we were all enjoying the festive atmosphere.

A while later, we were filling up on hot dip and red and green M&Ms, when the hostess called us into the living room to start the ornament exchange. Light laughter trailed into the room as we plopped onto couches and chairs.

We had no idea of the carnage about to befall our unsuspecting group.

After drawing numbers, the game began. The first two women picked from the wrapped gifts under the tree. One by one, they gently unraveled tissue paper from around their chosen ornaments. Eyes darted around the room and brains calculated. Just seconds before, we were more interested in cranberry cream cheese spread, but now that merchandise was involved, we began to strategize.

Not wanting to cause any drama, I also selected a wrapped ornament from under the tree when it was my turn. This might have continued, turn after turn, until all the packages were opened and accounted for, but some-

one suddenly cried “Steal!” and mouths began to water.

“Yeah, it’s no fun if we just pick the wrapped gifts, *you’ve got to steal!*” another added, wiping the spittle from her chin.

A chant ensued, “Steal! Steal! Steal!” as the next woman rose from her seat. A tiny grin could be seen on her face as she lunged toward her friend’s lap, containing an already-opened wooden ornament, seizing it away. We erupted in hoots and applause, and the living room transformed into a Roman Coliseum.

Seething with vengeance, the victim of the theft plotted her retribution.

The scene quickly turned from one of merriment to mayhem, as my fellow military spouses became an unruly mob. The women ruthlessly snatched ornaments one by one, while our host tried to maintain order. “Now, remember ladies, the gift is DEAD after it’s stolen three times.”

The mere mention of “death” only seemed to ignite more savagery.

When one woman stole the wooden ornament for the third time, the group shouted, “It’s DEAD, it’s DEAD!” and I thought I heard gnashing of teeth as if she was carrying a bloody carcass back to the den.

With all the stolen ornaments dead, the last participant had no choice — she had to pick the lone gift left under the tree. It was the box of ornaments I had brought, and as she revealed them, I weakly offered my pre-planned inappropriate nut joke. The woman, still wounded from battle, could only force a bogus chuckle.

As we all said goodnight, I realized that we had just waged an epic war over meaningless trinkets that could be bought for less than ten dollars at any local store. The shameless displays of latent aggression and irreparably hurt feelings could have all been easily avoided.

But perhaps humans who wouldn’t dream of committing theft and murder simply can’t resist the thrilling temptation of crime in the midst of delicious home-baked cookies and sparkling twinkle lights?



Lisa’s syndicated column appears in military and civilian newspapers including Stars and Stripes, and on her blog at

www.themeatandpotatoesoflife.com

and can be contacted at

meatandpotatoesoflife@gmail.com or on Twitter:

[@MolinariWrites](https://twitter.com/MolinariWrites) or ‘like’ her on Facebook at:

<https://facebook.com/>

[TheMeatandPotatoesofLife](https://facebook.com/TheMeatandPotatoesofLife)



Naval War College Museum Announces New Exhibit, “*To Win or Lose All: William S. Sims and the U.S. Navy in the First World War*”

NEWPORT, RI— The Naval War College Museum is now hosting a new exhibit, “*To Win or Lose All: Williams S. Sims and the U.S. Navy in the First World War.*” The exhibit occupies the museum’s gallery on the second floor and will be on display beginning today (December 14, 2017).

In 1902, a young lieutenant in the United States Navy told a friend about his struggle to convince his superiors to adopt new gunnery methods: “I am playing this game to win or lose all. If I win (and success is assured), I will only claim as my reward the privilege of being left alone. I am not looking for anything; and I will not get in anybody’s way.” The steady determination expressed in his letter would have come as no surprise to anyone who knew William S. Sims. Indeed, those who expected a junior officer to quietly obey orders often found themselves at odds with him. Beginning in 1900 when he exposed flaws in the design of America’s newest battleships, Sims established himself as a reformer who worked patiently but tirelessly to fix shortcomings in the way the Navy conducted its business. That fighting spirit served him well throughout his career, but never more so than during the war years of 1917-1918 when he commanded all U.S. naval forces in Europe.

To Win or Lose All explores the Navy’s role in securing victory for the Allies during the First World War. Under Admiral Sims’s leadership, American warships escorted convoys to France, laid mines in the North Sea, and hunted German submarines. On land, naval aviators flew scouting and bombing missions while Marines fought in the trenches east of Paris. While the sweeping naval campaigns of 1942-1945 may attract more scholarly attention, the foundation for their success was established twenty-five years earlier when the Navy operated for the first time as part of a coalition. Indeed, many officers who rose to prominence in the Second World War - Ernest J. King, Chester W. Nimitz, and Harold R. Stark, to name a few - gained valuable experience with combined operations during the first global conflict of the twentieth century. Curator Rob Doane hopes, “that this exhibit will encourage visitors to understand Admiral Sims and the sailors who served under him as real people who worked under difficult circumstances to meet the enormous challenges of wartime service.”

TO WIN OR LOSE ALL

William S. Sims and the U.S. Navy in the First World War



14 . DECEMBER . 2017

NAVAL WAR COLLEGE MUSEUM

Newport, Rhode Island | 401.841.4052

www.usnwc.edu/museum

The Naval War College Museum is open Monday through Friday from noon to 4:30 p.m. so plan some time over the holidays to stop in with the family and check out the new exhibit as well as the rest of the antiquities that are on display. Learn more about your Navy in this area. For more information, call 841-4052.

How to Be Healthy Through the Holidays

Don't let the hectic holiday schedule and party foods derail your health, nutrition and fitness goals. Sure, you want to have fun, but not so much you regret it come New Year's Day. Stay committed with these tips for a healthier and happier holiday season.

Be Committed

There is nothing more important than your health. Without it, you can't do all you need to for your loved ones so make a commitment to set and maintain your health goals.

- Commit to exercising at least 30 minutes a day, every day.
- Commit to eating a healthier diet.

Be Choosy

Instead of thinking of how to cram in the exercise around your schedule, work your schedule around the exercise. You can choose to add in tons of extra activities and run around stressing about getting it all done, or you can choose to do fewer activities well and stress less.

- Say no to events and requests for help that will make your life too busy for healthy living.
- Say yes to the foods that are best for you and eat those first before selecting the less healthy dishes from the buffet table.

Be Flexible

The holiday season tends to be busier and all the extra events alter your schedule from the norm. If your exercise class is at a specific time and you will miss it because of holiday parties or kid's recitals, then plan for another time and different activity.

- Rework your exercise options. Prepare for the busy times and bad weather with exercise that you can do from home.
- Reshape your workout from your regular 30-minute chunk to two 15-minute exercise sessions.

Be Creative

Find ways to combine your exercise and time with your friends and family. Get support for creative exercising and dining through your local Morale, Welfare and Recreation office.

- Catch some air. Gather your friends, siblings, parents or kids for a game of basketball, touch football, catch or kickball.
- Take a hike. If the kids or your significant other have a sports practice or music lesson, take that time to walk around the area instead of reading or gaming from your smartphone.
- Clean the house and stay physically active in one step. Imagine you are at the gym as you vacuum and dust. Have fun with your chores.
- Fuel up before you go. Drink plenty of water and eat some fruits or vegetables before you leave for the party. You won't need to eat as much once you're there.
- Trick your stomach. Use smaller plates when eating at a buffet. Bring sugar-free mints to pop as soon as you are finished with your meal. The mint helps curb the urge to munch.

You're not alone when you make the commitment to stay healthy. Contact a Military OneSource health and wellness coach for help developing a plan for exercise and healthy eating during the holidays. You can make an appointment for a phone, online or video session by calling Military OneSource at 800-342-9647



The holiday season is upon us. With so much on your mind it's easy to get distracted and let your guard down. Scam artists know this and often target military members with holiday travel scams. Follow the link below for our podcast that will help you avoid holiday scams: <https://goo.gl/aPyYYc>



www.navymwrnewport.com

Join the MWR Email Blast List email:
NAVSTANewportRIMWR@gmail.com

NAVSTANewportMWR

@NAVSTANPTRIMWR

OFFICERS' CLUB, BUILDING 95

OPEN TO ALL PATRONS WITH BASE ACCESS

Manic Monday Crazy burger night! All burgers \$8!

Trio Tuesday Seaside Trio – stuffie, calamari & crock of chowder - \$12.00

Wing Wednesday 50¢ Wings 4-6 p.m. ~ Choose from Buffalo, BBQ or Sweet Chili. Sold in increments of 10.

Lobster Night Traditional boiled lobster OR baked stuffed, served with potato, corn on the cob, sausage & onions. ***market price***

TGIF Friday ½ price appetizers 4-6 p.m., with the purchase of any beverage! (**Appetizers are those items listed under "Beginnings" on the menu; some exclusions may apply.*)

*** Weekly specials & special nights are not available for take-out ***

COMMUNITY RECREATION CENTER, BUILDING 656

OPEN TO ALL PATRONS WITH BASE ACCESS.

Kitchen closes an hour before closing time.

ALL HANDS LUNCH Weekdays starting at 11 a.m. Check whiteboard for daily specials!

MONDAY Italian Sub with choice of chips or fries. \$7.50, 11 a.m.-7:30 p.m.

TUESDAY Free fountain soda with any lunch purchase, 11 a.m.-1:30 p.m. Two hot dogs with baked beans \$5.25, 5-7:30 p.m.

WEDNESDAY All-you-can-eat Pizza and Salad Buffet \$7, 11 a.m.-1:30 p.m.

THURSDAY All-you-can-eat Taco Buffet \$6.75, 11 a.m.-1:30 p.m. Kansas City Bacon BBQ Cheeseburger with cheddar cheese and topped with crispy fried onions, served with chips or fries \$7.50, 4-7:30 p.m.

FRIDAY Grilled Cheese with chips or fries and tomato soup \$6.50, 11 a.m.-3 p.m. Stuffed flat bread pizza with marinara \$5, 4-9 p.m.

SEAVIEW LANES BOWLING CENTER

OPEN TO ALL PATRONS WITH BASE ACCESS.

**per person*

SUNDAY Bowl for \$2.50 a game*. Anyone 55 or older bowl for \$1 per game*

MONDAY Active duty military bowl for \$1 per game*, 11 a.m.-8 p.m.

MONDAYS-FRIDAYS 11 a.m. - 3:30 p.m. Children 18 and under bowl for \$1 per game*, adults bowl for \$2 per game*

TUESDAY NIGHT BOWLING LEAGUE No lanes available after 5:30 p.m.

THURSDAY NIGHT INTRAMURAL BOWLING LEAGUE January 25-March 22, Teams of three, \$5 per person per week - includes three games & shoes!

FROZEN

Family Bowling Event

Seaview Lanes Bowling Center
Sunday, December 17 • 12 - 2 p.m.

\$1 per game* & \$1 shoe rental*
\$3 lunch special - hot dog, chips and a juice box or fountain soda
**per person*

Showing of FROZEN Arts & Crafts Games

For more information, call (401) 841-4293.



DINE ON THE GO



NAVAL STATION NEWPORT

Order online DineOnTheGoMidlant.com

Download the app

Order from MWR Newport Facebook page

Community Recreation Center, Building 656

ORDER & DELIVERY HOURS

Monday-Thursday 4-7:30 p.m.

Friday 4-8:30 p.m.

Saturday 1-9 p.m.

Sunday 1-7 p.m.

Federal Holidays 12-5 p.m.

Picking up an order, go to
Seaview Lanes Bowling Center!

On base delivery only!



POWERED BY: ChowNow



MWR
AUTO SKILLS CENTER
CAR WASH OPEN 24/7



COIN OPERATED CAR WASH, STARTS AT \$3, LOCATED INSIDE BAY 8! THE AUTOMATED SYSTEM INCLUDES OPTIONS FOR FOAM WASH, RINSE, AND WAX. CHANGE, VENDING MACHINES AND COIN OPERATED VACUUMS LOCATED OUTSIDE THE BUILDING.

MWR HOLIDAY HOURS OF OPERATION ARE POSTED AT WWW.NAVYMWRNEWPORT.COM



TRICARE CHANGES HEADING OUR WAY!

Starting January 1, 2018, there may be changes to your TRICARE benefits so don't get caught off guard. TRICARE will continue to offer several different health plans and all plans will meet or exceed the requirements for minimal essential coverage under the Affordable Care Act. Plan availability depends on who you are and where you live. Is My Plan Affected by the Changes? Plans Affected include: TRICARE PRIME, Prime Remote, Prime Overseas, and TRICARE Prime Overseas Remote. TRICARE Standard and Extra, and TRICARE Standard Overseas (now called Select and Select Overseas). TRICARE Reserve Select; TRICARE Retired Reserve; TRICARE Young Adult and continued Health Care Benefit Program Plans NOT Affected include: TRICARE For Life; US Family Health Plan; TRICARE Dental Program and TRICARE Retiree Dental Program. For more information, visit: <https://tricare.mil/changes> or direct your questions to the NHCNE Referrals Management Department (401-841-6189).



TRICARE NORTH BENEFICIARIES

In preparation for the new TRICARE contract effective Jan. 1, 2018; Humana Military mailed a letter to North Region beneficiaries who currently pay their premiums through a monthly automated Electronic Funds Transfer (EFT) from a bank account or a Recurring Credit/Debit Card (RCC) charge. However, the letter was also inadvertently sent to some beneficiaries who pay for their premiums via an allotment from their military retirement pay. For clarity, a beneficiary who pays his/her TRICARE premium through an allotment from retirement pay does not need to take any action - their payment method will remain the same and there will be no lapse in their coverage. Only beneficiaries who currently pay by EFT or RCC need to provide payment information to Humana Military in order to ensure continued TRICARE coverage. We apologize deeply for the error. We are in the process of sending corrected letters to the allotment-paying beneficiaries who received the inaccurate communication. Our service representatives are prepared to address any questions beneficiaries may have related to their TRICARE billing and enrollment, and we are available at 1 800.444.5445



DID YOU KNOW?

Use lights that are listed by a qualified testing laboratory, such as UL. Ensure that you use lights appropriately; some lights are for indoor or outdoor use only. Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for the maximum number of light strands to connect and always turn off Christmas tree lights before leaving home or going to bed.



LIFE SAVING SKILLS:

The NAVSTA Fire Dept. will be hosting their **NEXT CPR** Training for Base personnel who are interested in becoming certified in CPR. This training is at no cost to personnel, and all participants will receive an American Heart Association CPR Card upon completion. The department can support group class requests if desired up to a maximum of 12 students per group. Scheduled classes will begin at 9 a.m. and end at 11:30 a.m., personnel are highly encouraged to take advantage of this opportunity. Class Schedule: Dec. 19, 2017
For more information or to register, email Miguel.m.saul@navy.mil



COMBINED FEDERAL CAMPAIGN:

1. To donate visit newenglandCFC.org
2. Base personnel with questions should reach out to their command CFC representative for more information



TYPE III NWU ROLLOUT:

NAVSTA Newport and Navy Region Mid Atlantic will begin their Type III uniform roll out on January 8, 2018!

SPECIAL OFFER ON HOLIDAY PURCHASES FOR MILITARY STAR® CARD HOLDERS

NEX customers who shop and use their MILITARY STAR® Card for in-store purchases totaling \$699 or more from December 14 - 27 will pay no interest* and have no down payment for two years. However, monthly payments will need to be made during the 24-month period. The MILITARY STAR® card offers many benefits including 10 percent off the first day's purchases**, no annual, late or over the limit fees,^ competitive low interest rate, over 40 special promotions and discounts yearly.

APPLIED SUICIDE INTERVENTION SKILLS:

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop-anyone 16 or older can learn and use the ASIST model. A training will be held at the Chapel of Hope Jan 16-17 (civilian clothes is the uniform of the day for all participants). For further details or to register, call 841-2234 or email: jose.f.jimenez@navy.mil.

NMCRS NEWPORT HOLIDAY SCHEDULE:

Casework Office Closure:

Dec. 25th

Dec. 26th

Jan. 1st

Jan. 2nd

Thrift Shop Closure:

From 1 p.m. on Dec. 19th until re-opening on Jan. 2nd

THRIFT SHOP KIDS SHOPPING DAY:

Dec. 19th from 11 a.m. to 1 p.m.

Bring your little shoppers in with some nickels, dimes, quarters, and dollars to shop for presents for family and friends. We will have a special table stocked with inexpensive items for your kids to shop from.

ARTIC AIR HEADING OUR WAY:

Please remember to close all doors and windows before you leave your offices and buildings to prevent damage to the facilities and to save energy. Commands and departments on the base should stock up on sand from public works now - black ice will arrive before the snow so be ready. NEX has shovels and other snow removal devices in stock if you need to purchase items, they have it tax free. Make sure your personnel are signed up for AtHoc and other methods of organizational communication so that they are informed regarding installation operations. If you are concerned about the cold weather's impact on your facility - talk to your building monitor today!

NAPS BASKETBALL:

Come out and support your NAPS Basketball teams this weekend at home vs Southern Maine Community College. The women's game kicks off at 1 p.m. while the men's team takes the court at 3 p.m.



One Lane Road Closure

ROAD AND GATE ANNOUNCEMENT:

GATE 1 remains the 24/7 gate onto the installation and GATE 2 continues to be opened only for a.m. commuting Mon-Fri from 6:15 to 8:30 a.m. Throughout this period, due to construction on the sidewalk from GATE 1 alongside the new NGIS building to the intersection at Porter Avenue, Perry Rd. will be open for northbound vehicle traffic only. The one-way restriction will remain in place through Dec. 31 to support the construction. Out bound traffic is being routed through NWC Campus—please drive slowly and be on the look out for pedestrians.

NUWC GATE 23 will be closed on Dec. 20 from 9 a.m. to 3 p.m. for routine maintenance.

GATE HOURS: Following are routine gate hours:

- Gate 1—open 7 days a week/24 hours a day
- Gate 2—Mon thru Fri from 6:30 to 8:30 a.m.
- Gate 17—Mon thru Fri 6 a.m. to 6 p.m.
- Gate 7 (NHCNE)—Mon thru Fri 6 a.m. to 6 p.m.



Winter weather is here. Be on the look out for increased pot holes EVERYWHERE as frost heaves begin to take their toll on our roads. Drive slowly and give yourself extra time to commute as black ice, in addition to snow, will continue to complicate travel.



Hear the history of early American holiday traditions on an evening walk. Learn how Newporters did, or didn't, observe the holidays.

The Newport Historical
Society presents

Holiday Lantern Tour

November 24, 2017 - December
30, 2017

Fridays & Saturdays at 4:00 pm

\$15 per person or \$10 NHS members & active duty military with ID. Add \$5 to your tour for a keepsake lantern!

Departs from: Brick Market: Museum & Shop, 127 Thames Street, Newport, RI (Space is limited, reservations strongly encouraged. 401-841-8770) - visit www.newporthistory.org



There are 104 federal government job opportunities in Rhode Island listed **on USAJOBS today!**

(www.usajobs.gov) Many of these positions are onboard Naval Station Newport—check it out weekly to see what doors open for your future with the U.S. Government.

USAJOBS

MWR SUMMER JOB FAIR:

APPLICANTS MUST BRING:

ALL JOBS:

- Resume
- Copy of DD214 (if applicable)
- Driver's license or state issued ID
- Social security card
- Birth certificate or passport
- Two signed reference letters

SPOUSE PREFERENCE:

- A copy of military members orders

CHILD & YOUTH:

- Copy of high school diploma/College Transcripts

FITNESS & SAILING INSTRUCTORS:

- Copy of Certifications

LIFEGUARDS:

- Copy of CPR/First Aid & lifeguard certification

AVAILABLE SUMMER POSITIONS INCLUDE:

Child & Youth Assistants (infant, toddler, youth caregivers)

Sail Instructors

Marina Staff

Lifeguard

Maintenance/Construction

Coffee Barista

Waitress

Bartender

Cook

Fitness Staff

Field Maintenance

Event Staff

MUST BE 18 OR OLDER

Lifeguards can be 16 years old with a lifeguard certification

Location:

Naval Station Newport

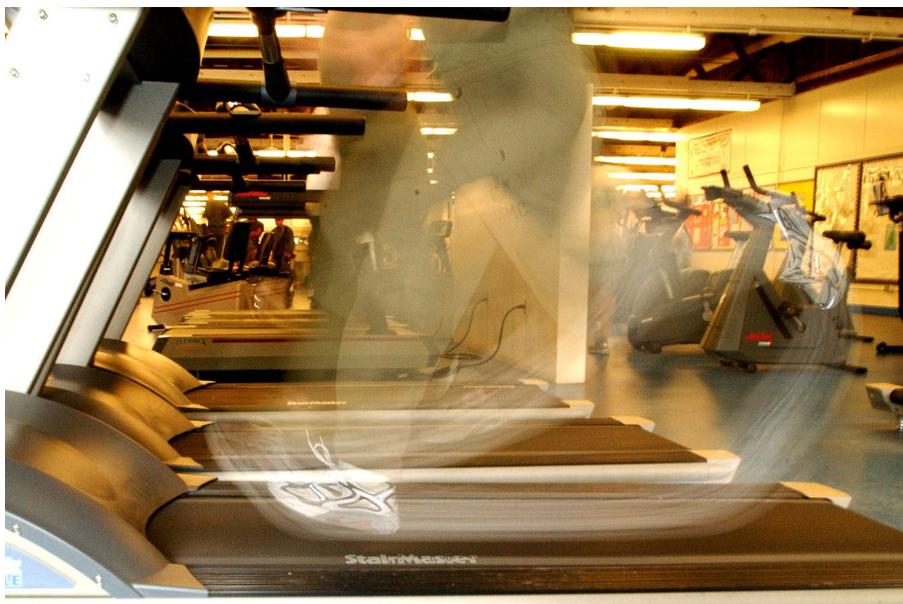
Teen Center

1297 Bushnell Street

Middletown, RI 02840

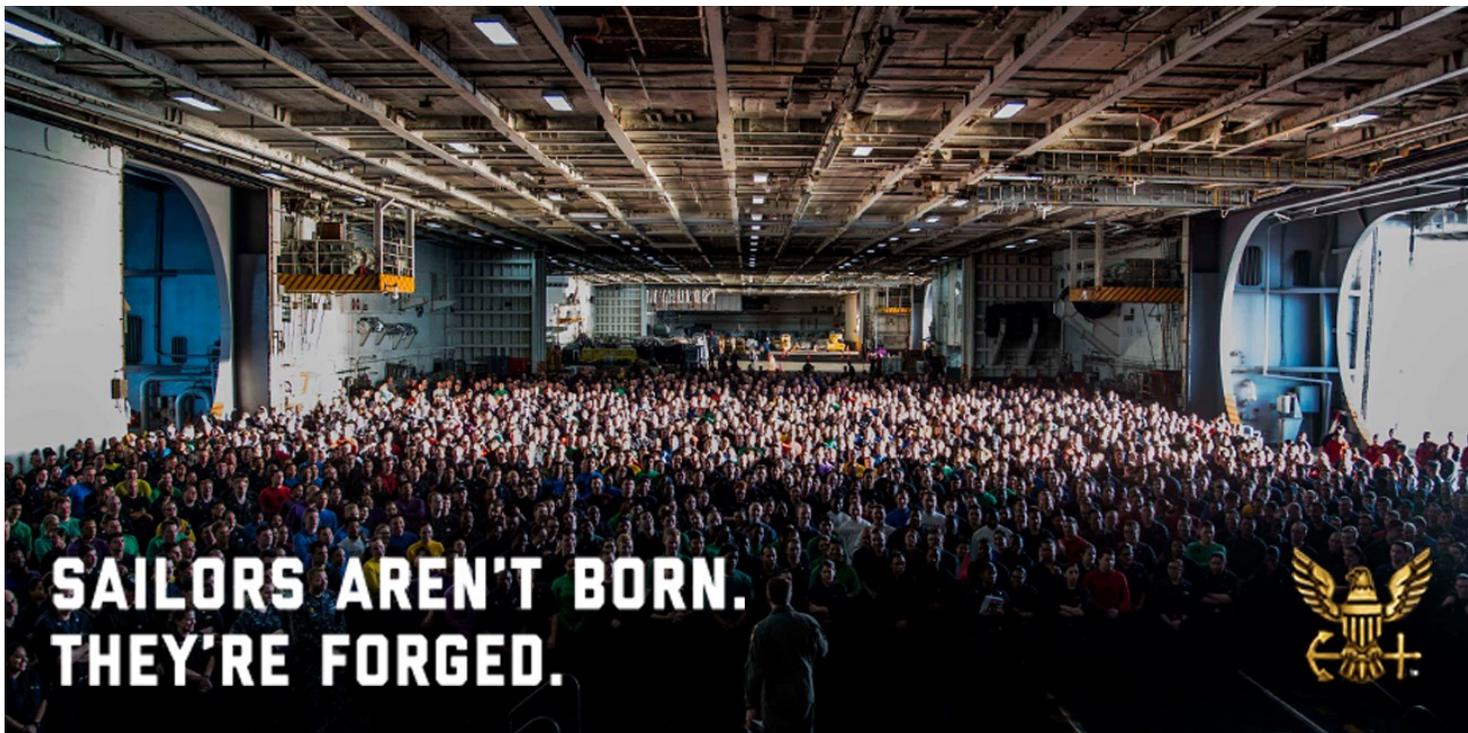
Time: 11 a.m.— 6 p.m.

For additional questions please call
(401) 841-4992





Navy Launches New Branding Campaign, Tagline at Army-Navy Game



From Navy Recruiting Command Public Affairs

MILLINGTON, Tenn. (NNS) -- The Army-Navy football game is one of the oldest and most storied contests in the history of collegiate athletics. Last Saturday, Dec. 9, in Philadelphia the U.S. Navy used the occasion to tell a new story about itself, as it launched a new, multifaceted branding campaign aimed at attracting a new generation of recruits.

The launch marked the debut of the Navy's new tagline, "Forged by the Sea."

"The Army-Navy game is one of the most revered and watched contests in college sports and we wanted to take advantage of this unique opportunity to introduce the new brand and tagline on an occasion where the spirit of competition and military service are being celebrated," said Commander, Navy Recruiting Command (NRC) Rear Adm. Pete Garvin. "We're proud and excited to be a part of such a great event."

"Sea to Stars," the first TV commercial featuring the new tagline and branding, aired on CBS during the second quarter of the Army-Navy game, as well as on the video screens in the stadium. A second commercial, "Game," also aired in-stadium. The new commercials can be viewed on the Navy Live blog at <http://www.navy.mil/forged>.

Garvin said the game-day launch represents only the first wave of an integrated marketing campaign that

will include a steady level of advertising on digital and social media platforms during the winter, before a full rollout in March. Additional marketing elements will debut throughout the year.

"The Navy is now recruiting young men and women of the Centennial Generation, who have different goals, expectations and information-gathering habits than their Millennial predecessors," said Garvin. "As such, the Navy recognized the necessity to develop a new marketing campaign and media strategy that more effectively reach, educate and inspire the best-and-brightest prospective recruits."

Reaching Centennials

The genesis of the new campaign was in the spring of 2016, when the Navy selected a new marketing agency, known as the Navy Partnership--led by Young & Rubicam (Y&R)--and directed it to create an enduring and authentic brand identity, tagline and unified marketing strategy to inspire and motivate potential recruits to join.

In the summer of 2016, the Navy Partnership began a series of immersion trips, interviews with current and former Sailors, and qualitative and quantitative research with 17-21-year-olds--members of the emerging Centennial Generation--in cities across the country.

The research helped the Navy gain a deeper understanding of the mindset and career goals of Centennials, their perceptions of the Navy and what might moti-



Navy Launches New Branding Campaign (cont)

vate them to choose the Navy as a career.

"What we found was that there was nearly 100 percent awareness of the Navy, but zero percent understanding of the Navy's full mission, reach and influence," said Ken Dowling, head of the Navy Partnership and managing director at Y&R Memphis. "Centennials saw the Navy's purpose as one dimensional and strongly tied to defense and combat. The things that set the Navy apart from other branches of the military weren't well-defined and there was limited awareness of the wide range of career opportunities the Navy offers."

The research also showed that Centennials who were interested in a Navy career were looking for meaningful adventure, a creative and innovative environment and the strength that comes from being a member of a unified team.

"Forged by the Sea"

Armed with its research, the Navy Partnership began the creative process, considering a variety of brand identities and thousands of taglines before eventually narrowing the options to six. The taglines and brand elements were tested not only with Centennials but also current enlisted Sailors, officers, Navy veterans and key influencers.

According to Garvin, getting the support of current Navy personnel and veterans was essential to creating a genuine brand identity and tagline "Forged by the Sea" was overwhelmingly selected as the new tagline by the various focus groups. It effectively communicates that the Navy has evolved in response to the sea, and that Sailors are tested and shaped by the Navy and their sea experience, becoming better versions of themselves.

Garvin said the Navy has tried to remain nimble when it comes to evaluating and enhancing its marketing and communications efforts to recruit new generations of Sailors. While the Navy has consistently met or exceeded its annual recruiting goals, the market is tightening and recruiting goals and standards are trending upward.

"Over the years, we have changed our tagline several times to capture everything our great Navy represents in just a few simple words," said Garvin. "After much research and creative development, we emerged with a deep understanding of our organization's purpose and potential--all of which tie back to the sea. For more than 200 years our Sailors have been tested and shaped by the sea. Our new tagline perfectly captures the transformative impact the Navy and the sea has on our Sailors."

The Best Is Yet to Come

The introduction of "Forged by the Sea," the national airing of "Sea to Stars," and the other marketing initiatives centered around the Army-Navy game will serve as the first taste of a major brand rollout and fully integrated marketing campaign that will launch in March 2018.

The campaign will represent a media strategy shift for the Navy, as it will be viewed prominently on the online and social media platforms most popular with prospective recruits, ensuring the Navy is reaching the right audience, at the right time, on the most appropriate media platforms to maximize impact. The increased emphasis on digital and social media marketing will also enable the Navy to more precisely measure the campaign's effectiveness.

"Traditional TV and print advertising will continue to play an important role in the media strategy, generating wide awareness of the new Navy brand and enhancing perceptions of the Navy with older influencer groups" said Dowling. "However, with the digital shift, those with more traditional media consumption habits will see fewer Navy TV commercials and print ads than in years past. At the same time, the primary target audience will see many more Navy messages and in contexts that resonate with them and are more effective at motivating them to become a qualified Navy lead."

From mid-December to early March, NRC will run a steady advertising campaign on a range of digital and social media platforms. The campaign will feature "Sea to Stars," "Game," a series of six-second commercials, and a variety of banner advertisements.

In March, two additional commercials and digital and social media components will be completed, www.navy.com will be updated and NRC will launch its fully integrated campaign.

"Our new brand platform, tagline and marketing strategy would not be possible without the incredible participation of Sailors, veterans and other key stakeholders who participated in the research, creative development and testing. The access and feedback were invaluable as we forged our new brand," said Garvin. "Their contributions will help ensure that "Forged by the Sea" and our future marketing efforts resonate with the Navy community and prospective recruits for years to come."





Trump Signs Fiscal Year 2018 Defense Authorization

WASHINGTON (NNS) -- President Donald J. Trump signed the fiscal year 2018 National Defense Authorization Act into law during a White House ceremony Dec. 12.

The act calls for \$626 billion for the department's base budget and another \$66 billion for operations. The act includes a 2.4 percent pay raise for military personnel.

The act authorizes the department to spend money but the appropriations bill--which actually provides the funds--is still in Congress.

U.S. Military: 'Greatest Fighting Force'

"This historic legislation demonstrates our unwavering commitment to our men and women in uniform--the greatest fighting force in the history of the world--and we're making it a lot better than even that," Trump said before signing the bill.

The president said the legislation "represents a momentous step toward rebuilding our military and securing the future for our children."

Trump added, "In recent years, our military has undergone a series of deep budget cuts that have severely impacted our readiness, shrunk our capabilities and placed substantial burdens on our warfighters. History teaches us that when you weaken your defenses, you invite aggression."

The president recalled George Washington's belief, that to be prepared for war is one of the most effective means of preserving peace.

"With the signing of this defense bill, we accelerate the process of fully restoring America's military might," Trump said. "This legislation will enhance our readiness ... and modernize our forces and help provide our service members with the tools that they need to fight and to win."

Defeating ISIS

The act authorizes funding for the continued campaign to defeat the Islamic State of Iraq and Syria, Trump said. "As you know, we've won in Syria, we've won in Iraq," the president said. "But they spread to other areas and we're getting them as fast as they spread."

The act also improves missile defense capabilities in face of the danger from North Korea, the president said. The act also upgrades the Army and Marine Corps ground combat vehicles, allows for the purchase of new



President Donald J. Trump, joined by Vice President Mike Pence and senior military leaders, signs H.R. 2810, the National Defense Authorization Act for fiscal year 2018, in the Roosevelt Room at the White House, Dec. 12, 2017. (White House photo by Stephanie Chasez/Released)

Joint Strike Fighter aircraft and paves the way for Virginia-class submarines.

"Finally, the defense bill authorizes major investments in our military's greatest weapon of all: its warriors," he said. "The NDAA increases the size of the American armed forces for the first time in seven years, and it provides our military service members with their largest pay increase in eight years."

The president called on Congress to complete the job by eliminating sequestration and passing the appropriations bill.

"We must work across party lines to give our heroic troops the equipment, resources and support that they have earned a thousand times over," he said. "Together, we will send a clear message to our allies and a firm warning to our enemies and adversaries: America is strong, proud, determined and ready."





The VA Interest Rate Reduction Refinance Loan (IRRRL) lowers your interest rate by refinancing your existing VA home loan. During FY17, VA guaranteed over 190,000 home loans under this program. In FY 2017, there were nearly 1,500 lenders that participate in the VA Home Loan program. Regrettably, some lenders have taken advantage of Service members and Veterans with VA home loans in the past. They have sent unsolicited offers to refinance VA mortgages with misleading advertising. If you have a VA home loan, there is a good chance you have already come into contact with unsolicited offers which appear official and may sound too good to be true. The VA and the Consumer Financial Protection Bureau (CFPB) have issued their first Warning Order to Service members and Veterans who currently have a VA home loan, as we have found that some of you are being targeted with misleading advertising. Understand that certain advertised benefits, such as no out-of-pocket closing costs, skipped mortgage payments, and escrow refunds, are costs that are generally added to your loan and increase the overall principal balance. These are all red flags that may indicate that the loan is less likely to benefit you. Before you proceed with a VA mortgage refinance, be sure to consider the long-term and short-term benefits and consequences of refinancing your loan.



If you are contacted to refinance your VA mortgage, carefully consider your options and ask questions:

- * Does a lower interest rate extend the term (i.e., 30-year fixed rate to another 30-year fixed rate)?
- * What are the financial implications when choosing between a fixed term and an adjustable rate mortgage loan?
- * What is your total payback for the new loan vs. the original loan?
- * Do offers of skipped payments or cash back ultimately get added to my loan amount?

If you have a problem with a VA mortgage refinance or other mortgage issues, you can submit a complaint to the CFPB online or by calling (855) 411-CFPB (2372)

**WREATHS ACROSS AMERICA
RI VETERANS CEMETERY, SATURDAY, DEC. 16TH, 12PM**



Every year hundreds of thousands of wreaths are laid on Veterans graves across the country and in locations abroad in honor of their sacrifices.

WE REMEMBER

WAA pays tribute to our service members away from home and family especially through the holidays.

WE HONOR

WE pass these traditions on to our children with hopes and prayers that they will carry them on long after we're gone.

WE TEACH

Join us as we carry on the traditions of the Arlington Wreath Project through

Wreaths Across America

RI Veterans Cemetery, 301 South County Trail, Exeter, RI 02822

Ceremonies begin at noon nation-wide on Saturday, December 16th.

This year as in the past two years, there will be a large scale wreath laying.

Consider sponsoring a wreath for any participating location or monument in RI or for your loved one, friend or Hero.